

Heyfield Community Resource Centre



Term 4 courses and activities



Simple cheesemaking workshop

Discover how easy it is to make basic cheeses at home, from ingredients that you will most likely already have in your fridge!

In this demonstration workshop, participants will be shown how to make three simple cheeses:

- Ricotta, panner and mozzarella

Participants will get to sample the cheeses made in the session and enjoy a cheese platter to nibble on upon arrival.

Monday 10th November, 12.30pm - 2.00pm.

\$45 per person.

Limited places so book quickly on 5148 2100.



LEARN TO SEW

Learn to sew drop in sessions!

Our sewing group is suitable for complete beginners to confident sewers. Learn how to make a variety of items under the expert guidance of our tutors. Bring along a pattern for a project, or an item that you can up-cycle. Material and machines provided, or bring your own along. Babies welcome to play while you sew!

Meets every second Monday starting Monday 13th Oct, 9.30am - 2pm. Drop in for an hour or stay for the day! Gold coin per session.

**NO SEWING
EXPERIENCE NEEDED!**



BE WORK READY - Jobs on Farms

This course is aimed to help job seekers transition into entry-level employment or to provide a pathway into further study in the agriculture field

Runs over 4 sessions:

Monday 13th October

Tuesday 14th October

Monday 20th October

Tuesday 21st October

BOOK NOW

5148 2100

coordinator@heyfield.net

All sessions will run from 9:30am - 2:30pm.

Cost: \$20 per person.

Bookings essential. Places are limited.

Heyfield Community Resource Centre

5 George Street, Heyfield VIC 3858

Be Work Ready - Jobs on Farms is an ACFE supported course.
This community training is brought to you by the Future of Heyfield Project.



CELEBRATING SENIORS MONTH

*We invite you to join us for a
High Tea*



**Heyfield Community Resource Centre
Thursday 30th October at 1:30pm**

Free event

Lucky door prizes

Contact 5148 2100 for bookings



MONDAY - THURSDAY 8.30AM - 4.30PM

5 George Street, Heyfield 5148 2100

www.heyfieldcommunity.org.au | coordinator@heyfield.net

GIPPSLAND GARDEN TRAIL SATURDAY 15TH NOVEMBER



HELEN HOPPNER'S GARDEN, COWWARR

Helen's garden has been 12 years in the making and is a riot of different plants, with something of interest during each season. Roses and annuals bloom amongst mature trees and cottage plants. Preserves and plants for sale on the day.

7 Park Ave, Cowwarr. Open 10am - 1pm. *Park in Church St and walk through the church year to Helen's garden.*

EDIBLE FLOWER WORKSHOP

HEYFIELD COMMUNITY RESOURCE CENTRE.

Discover which flowers are edible, how they can be used in the kitchen, and the ideal way to harvest them. Then sow some seeds to take home and start your very own edible flower garden. Finish the session with an edible flower snack. 10am - 11.30am



ANNE & TERRY PARKER, MAFFRA

Situated in a 1000m square block, this garden is home to a variety of established trees, natives, espaliered fruit trees, berries and vegie beds.

2 Rosewood Court, Maffra. Open 10am - 1pm.

ANNETTE & LES WALKER, MAFFRA

At 14 years old, this garden is mostly native plants with beautiful trees and shrubs to encourage a variety of wildlife that call it home.

448 Stratford-Maffra Road, Maffra. Open 10am - 1pm.

**MORE GARDENS & WORKSHOPS COMING SOON!
KEEP AN EYE ON OUR FACEBOOK PAGE FOR
DETAILS.**

The Gippsland Garden Trail is FREE with the support of the Wellington Shire Council.



TO HELP YOU LEARN

Heyfield Study Hub



The Study Hub is part of the Gippsland East Study Hub partnership and provides free resources and facilities to help all TAFE and University students study locally.

- Access to high-speed internet, computers and printing, all in a quiet study space
- Help from learning skills advisors, access to study resources and academic workshops throughout the year
- Connections with other students, even if you study remotely

To find out more and register for the Study Hub visit gestudyhub.org or scan the QR code



Digital matters - basic computers with Thomas.

A series of 3 workshops to help people gain confidence using computers and technology:

Be safe and secure online
Use emails confidently
Useful apps and technology
Managing information on devices

Monday 10th, 17th and 24th November, 6.30pm - 8.30pm. All workshops run from Maffra Neighbourhood House. \$15 per person for all 3 sessions. Bookings essential 5148 2100 or 5144 5747



Senior Bytes - confident, tech-savvy seniors

Do you need help navigating technology? Come along to Seniors Bytes, a social group for older members in our community to overcome digital challenges, learn new skills and support others to be confident, tech-savvy seniors.

Meets every Tuesday, 10am - 11.30am. Gold coin donation.

**This program is supported by the Heyfield Lions Club*



TO GET YOU ACTIVE

Walking Basketball

A low impact way for all abilities to keep active and it's plenty of fun too.

When: Mondays, 12pm - 1pm

Where: Heyfield Basketball Stadium

How much: \$5 per session

**This program is supported by the Heyfield Lions Club*

Circle Dancing

No need for a partner! Dance to different rhythms in a circle.

When: Tuesdays, 1.30pm - 3pm

Where: Heyfield Memorial Hall

How much: \$10 per session

Ageing with attitude exercise

A social way to get active, improve balance and increase muscle tone.

When: Tuesdays, 9am - 10am

Where: Heyfield Memorial Hall

How much: \$10 per session

Walking Group

Catch up with the Heyfield Hoofers for a gentle walk around town each week.

When: Thursdays, 9am in terms 1 and 4, 10am in terms 2 and 3.

Where: Meet at the Resource Centre

How much: Gold Coin per session



HEYFIELD TOY LIBRARY



Did you know the Resource Centre is a mini-branch for the Sale Wellington Toy Library? This is a great way for families to save money and save clutter around the home. Find out more at wellingtonvic.setls.com.au or drop in and ask.

HEYFIELD PLAYGROUP

Playgroup offers babies, toddlers and pre-schoolers time each week to socialise, and learn through play and have fun together. Enjoy a tea or coffee and bring a snack for your little one/s.

Meets every Thursday during the school term at the Resource Centre. 9:30am - 11:30am. Gold coin donation per session.



SPECIAL INTEREST GROUPS

Happy Hookers & Knitters Nook

A social way to learn how to crochet or knit. Bring along an existing project or ask Lisa for some inspiration. **Happy Hookers Crochet - Friday, 11am - 2pm. Knitters Nook - Monday, 11am - 2pm \$2 per class.**

Heyfield Garden Club

Our Garden Club meets on the second Monday of each month to visit beautiful gardens, both local and further afield. For information on upcoming trips join their facebook group 'Heyfield Garden Club'

Heyfield Family History Group

Delve into your past and discover where your ancestors come from. Join the group as a member, or organise for them to research your family history for you using their extensive library and database (fees apply).



The Group meet on Friday mornings at the Resource Centre from 9.30am - 11.30am or by appointment

Men's Shed

The Heyfield Men's Shed is the ultimate man cave! Spend time in a relaxed atmosphere and good company whilst working on projects and building new skills. The Shed is well equipped with lathes, drills, band saws and even a oven to bake their weekly muffins. Pop in for a visit and ask about becoming a member. The Shed is down the driveway at the Resource Centre and open Wednesday and Thursday, 9am to 3pm. Phone 0428 286 258 for more information.



CHRISTMAS COMMUNITY LUNCH

Get into the festive season and come along to our Christmas Community Lunch.

Enjoy a 2-course meal, have a chat to friends and make new acquaintances.

Tuesday 9th December, 12pm. \$15 per person. Bookings essential on 5148 2100.



OAKS DAY LUNCH

Our Seniors Support Group are hosting a spring racing carnival themed lunch to celebrate Oaks Day. It's a great excuse to dust off the dresses and suits!

Thursday 6th November, 12pm. \$10 per person. Bookings essential on 5148 2100.

Mountain Bike skills lessons

**Blores Hill MTB Park
Sun 9th Nov,
from 9.30am**

Improve your MTB skills and become familiar with our local trails. Choose from three sessions all with a qualified MTB skills instructor.

9.30am Juniors: kids 8-12 years old

11.30am Gnarly Gals: a session for women

1.30pm Easy Riders: open to riders who want to build on existing MTB skills

Riders must have a well-maintained bike with front suspension, suitable MTB tyres, working brakes and gears. Helmets must be worn. These sessions are suitable for riders who are comfortable riding off-road on dirt and uneven surfaces.



REGISTER NOW

☎ 5148 2100

✉ coordinator@heyfield.net

OR BOOK ONLINE

→
Juniors \$10 per child
other sessions \$15 per person



Supported by the Heyfield Adventure Hub

