

# Heyfield Community Resource Centre

## Term 2 courses and activities





**VOLUNTEERING IN HEYFIELD - A HISTORY**

**Wed 22nd May, 8.30am**  
**Railway Hotel, Heyfield**

- FREE COOKED BREAKFAST at the Railway Hotel
- stories from local volunteers
- walking history tour of Heyfield's town centre
- tour of the Heyfield Museum



**REGISTER NOW**

Heyfield Community Resource Centre  
phone 5148 2100  
coordinator@heyfield.net



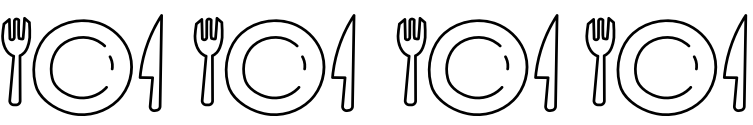


### Have lunch with us! - Community Lunch options

**DINE IN:** Get some friends together or come to meet others over freshly cooked 2-course meal. Our dine-in lunches are a great opportunity to increase social connections in Heyfield.

**Tuesday 7th May, 12pm and Tuesday 4th June, 12pm.**  
\$12 per person, Bookings are essential on 5148 2100

**TAKE-AWAY:** Don't feel like cooking? Pre-order a low-cost meal to pick up for yourself or your family. Keep an eye on our facebook page each Monday for the menu and dates available - facebook.com/hcrc3858



### Kick Start Your Career working in the health sector



The health sector is growing, with a wide range of job opportunities.

**About the course:** Learn the essential skills needed to successfully gain entry-level employment at Sale Hospital; administration, ground maintenance, hospitality, personal care and more.

- Employment preparation including mock job interviews and resumes.
- Identify pathways to various entry-level jobs at Sale Hospital or further study at TAFE
- Improve your digital skills and learn how to manage your money

**When:** Starts Tuesday 17th May and runs 4 days a week for 5 weeks, 9.30am - 3pm.  
**Where:** TAFE Gippsland Flexible Learning Centre, Sale.  
**How much:** This is an ACFE funded course for eligible learners with a low fee of \$40  
**Enrol or find out more:** Heyfield Community Resource Centre Phone 5148 2100 email coordinator@heyfield.net

**TAFE Pathways:**  
TAFE Gippsland Cert III in Individual Support. Free TAFE: On campus Traralgon or online starting 22nd July 2024. *Guaranteed TAFE interview for this course if you complete the Kick Start Your Career program*

**Scan here to register now!**



### Money Matters financial wellbeing

A low cost short course to help women develop an awareness of personal finances. Learn about:

- creating budgets and savings goals
- identify needs v wants
- managing debt
- attitudes to money

**When:** Monday 13th and Monday 20th May, 9.30am - 12.30pm.

**Where:** Briagolong Community House, 9 Avon Street, Briagolong.

**How much:** This is an ACFE funded course with a low fee of \$10 for 2 sessions.

**Enrol:** Briagolong Community House 5145 5425 or Heyfield Community Resource Centre 5148 2100



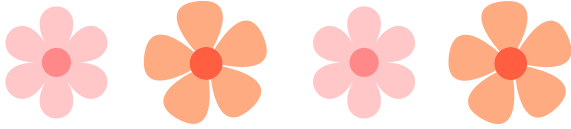
# GET CONNECTED & LEARN NEW SKILLS



## Floral Art 4 Kids

Book in early for this special kids class with Barb from Sale Floral Art Club. She'll be helping them make a simple, but sweet flower posy just in time for Mothers Day.

**Thursday 9th May, 3.15pm - 4.30pm. \$15 per child, all materials supplied.**



## Happy Hookers & Knitters Nook

A social way to learn how to crochet or knit. Bring along an existing project or ask Lisa for some inspiration.

**Happy Hookers Crochet - Thursdays, 10am - 12pm.**

**Knitters Nook - Mondays, 12pm - 2pm**

**\$2 per class.**

## BIGGEST MORNING TEA

Share a cuppa and some delicious food with us

- Lucky door prizes
- Raffle

**Tuesday 21st May, 10am.**

**\$5 entry supports the Cancer Council.**

## Hand-building with Clay

Explore your creative side, guided by local sculptor and teacher, Rachel Steinmann.

In this introduction, designed for beginners is suitable for all ages, you will learn the basics in hand-building. We will cover hand building using coils, slab, pinch pots and moulds. All materials are included and a bisque firing.

**Starts Thursday 2nd May, 5.30pm - 7pm and runs for 4 Thursdays. \$160 per person for all 4 sessions, includes materials.**



## HEYFIELD PLAYGROUP

Playgroup offers parents, carers, babies, toddlers and pre-schoolers time each week to socialise, and learn through play and have fun together. Enjoy a tea or coffee and bring a snack for your little one/s for morning tea.

**Meets every Thursday during the school term, 9:30am - 11:30am, Gold coin donation per session.**

## Senior Bytes - confident, tech-savvy seniors

Do you need help navigating technology? Come along to Seniors Bytes, a new social group for older members of our community to overcome digital challenges, learn new skills and support others to be confident, tech-savvy seniors.

**Meets every Tuesday, 10am - 11.30am. Gold coin donation.**

**Be Connected**

Every Australian online.

**Network  
Partner**



## HAPPENING EACH WEEK

### MONDAY

**Walking Basketball**  
12pm - 1pm at Heyfield Basketball Stadium.  
\$10 per session

### TUESDAY

**Ageing with Attitude Exercise**  
9am - 10am, Heyfield memorial Hall, \$10 per class

**Circle Dancing**  
Tuesday at the Memorial Hall supper room, 2pm - 3pm, \$10 per class

**Youth Group**  
A place for youth aged 12 and up to catch up after school in a safe, relaxed environment.  
Activities vary each week.  
4pm to 5pm. FREE!

### THURSDAY

**Hoofers Walking Group**  
9am during terms 1 and 4 & 10am in terms 2 and 3. Gold coin donation  
**Yoga with Carol**  
Thursdays at the Memorial Hall, 9am - 10.30am, \$15 per class/ \$13 concession

### FRIDAY

**Heyfield Family History Group**  
Every Friday 9.30am - 12.00pm at the Heyfield Community Resource Centre